

Exhibit
H

NAME: _____

RE-SET SPENDING LIMIT APRIL 21, 2003

REG. NO. _____

DATE: _____

Anyone leaving the Commissary after submitting
a list will not be sold any merchandise. No refunds
or exchanges! **All sales are FINAL!!**
NO ADD ONS! CHECK OUT-OF-STOCK!
K - DENOTES KOSHER ITEM

AIR GRAM (SINGLE)	\$.70	PHOTO TICKETS (MAX 5)	\$ 1.00
05 STAMPS (STRIP OF 5)	\$.25	VENDING CREDITS (1-25)	\$ 1.00
23 STAMP (STRIP OF 5)	\$ 1.15		
37 STAMP (STRIP OF 10)	\$ 3.70	01 STAMP (STRIP OF TWENTY)	.20
37 BOOK STAMPS (20)	\$ 7.40	BIRTHDAY CARDS ---6---7---8---	.75
50 STAMPS (10)	\$ 5.00	GENERAL OCC ---1---2---3---4---5---	.75
CANNED GOODS		TOBACCO PRODUCTS	
CHICKEN	1.35	DURANT FULL FLAVOR	2.80
KIPPER SNACKS K	1.45	GPC MENTHOL	3.85
CHILI	1.45	NEWPORT	5.50
TUNA FISH K	1.20	KOOLS	5.50
SALMON FLAKES K	1.05	MARLBORO	5.50
MACKEREL K	1.10	MARLBORO LIGHTS	5.50
FISH STEAKS K	.90	DURANT NON-FILTER	2.80
SLICE SALAMI	1.75	CAMELS	5.50
PEPPERONI SLICE	1.75	CPT BL PIPE TOBACCO	3.50
		RED MAN CHEW (10)	2.75
		COPENHAGEN(10)	4.00
		SKOAL RED (10)	4.00
CHEESE COLBY	3.05	SKOAL GREEN (10)	4.00
		SKOAL CHERRY(10)	4.00
		SKOAL CLASSIC	4.00
S O D A S			
PEPSI (6PACK) K	2.15	MATCHES	.70
		PIPE FILTER (1)	.40
DIET PEPSI (6 PK) K	2.15	CIG. PAPER	.55
HAWAIIAN PUNCH K	2.15	BUGLER	1.20
DR PEPPER (6PK)	2.15	KITE	1.20
ICE TES PEACH EA	1.35	BLACK & MILD CIGARS	1.85
BOTTLE WATER K	.45		
SNACKS		PERSONAL HYGIENE	
NATURAL POPCORN	.50	MINT MOUTHWASH	2.25
BUTTER POPCORN	.50	FABRIC SOFTENER	1.90
		TIDE DETERGENT K	5.80
CAKE DONUTS K	.45	HERITAGE DETERGENT	1.30
GRAN BAR HON OAT	1.70	IRISHSPRING SOAP	.80
GRAN. BAR C CHP K	1.70	TONE SOAP	.90
HONEY BUNS K	.35	DOVE SOAP	1.60
FIG BARS K	1.25	NEUTROGENA SOAP	3.40
OATMEAL PIES K	1.15	DENTURE-TPASTE	3.45
COSMIC BROWNIE	1.20	DENTUR TOOTHBRUSH	1.20
NUTTY BARS	1.30	COLGATE-TPASTE	3.75
		AIM-TOOTHPASTE	2.05
		SENSODYNE-TP	5.95
		TOOTHBRUSH-MED	1.10
NAVY BEAN SOUP	1.15	TOOTHBRUSH-SOFT	.45
		TOOTHBRUSH-FIRM	.55
		DENTAL FLOSS	1.55
		EFFERGRIP CREAM	3.60
		MENNEN ANTI-PERS	3.10
		AFTASHAVE LOTION	2.70
		HERITAGE ROLL-ON	1.40
		MENNEN SPEED STK	2.35
MARINARA SAUCE	3.55	GIL. SENSOR RAZOR	4.90
		GIL. SENSOR BLADE	6.25
		SHAVING CREAM	1.30
		DISPOSABLE RAZOR	1.40
		MAGICSHAVE CREAM	3.50
		HAIR BRUSH (1)	1.20
		AFRO PICK (2)	.50
		VENTED BRUSH (1)	.95
		WAVE BRUSH(1)	2.75
		SUN BLOCK	3.40
		SUN TAN LOTION	2.75
		TOENAIL CLIP (1)	.85
		FINGERNAIL CLIP (1)	.40
		MUSCLE RUB	2.10
		SOAP DISH (1)	.65
		TOOTHBRUSH HLD(1)	.45
		SEWING KIT (1)	1.90
		LOCKER MIRROR (1)	2.20
		WHITE BATH TOWEL	7.25
		DENTAL FLOSS PICK	1.35
		ROLAIDS	.75
		CHAPSTICK	1.35
		MAGIC SHAVE GOLD	2.20
		JERGENS SK LOTION	4.75
		BABY OIL	2.00
		SKIN CARE LOT	2.15
		FOOT POWDER	2.40
		BABY POWDER	2.10
		DK&LOVEL SHAMPO	2.95
		AFRICAN PRIDE	6.00
		PERFUMED OIL	4.50
		TWEEZERS (1)	.55
		PROLINE HAIR FD	2.40
		VOS HAIR GEL	2.75
		BALM BAR	2.50
		MURRAY'S POMADE	2.20
		CURL ACTIVATOR	1.45
		PETROLEUM JELLY	1.05
		HERT. FACE CREAM	1.60
		ARTRA SKIN CREAM	4.80
		HAIR RELAXER	8.85
		Q-TIPS	2.10
		HERT HAIR COND.	1.60
		HEAD & SHOULDERS	5.75
		PERT W/COND.	4.80
		SUAVE SHAMPOO	1.70
		PANTENE SHAMPOO	5.35
		SHOWERSHOE 9-10 (2)	3.20
		SHOWERSHOE 11-12(2)	3.20
		COCO BUTTER STCK	1.30
		THERMAL CUP (1)	1.95
		THERMAL MUG (1)	2.60
		C/T. LENS SOLUTION	9.15
		CERAMIC SLIP	14.00
		COMBINATION LOCK	5.80
		SAFETY SCISSORS (1)	6.35
		MICRO BOWL 24oz (1)	3.40
		SULFUR 8	3.35

The Region's Order (McKean) F.C.I. to remove this product from the shelf. 5 months before some of the mixture was thrown into my face.

Exhibit
(H.) page(1)

BEVERAGES			SNACKS & CANDY			MISCELLANEOUS		
HERBAL TEA	K	3.15	REESE CUP MINI		2.05	PRINT WHEEL (1)		22.40
NESTEA TEA	K	3.95	M&M PLAIN	K	3.25	TYPEWRITER RIB		3.65
INST. TEA LEMON		1.65	MIXED NUTS	K	2.10	CORRECTION TAPE		3.20
TASTERS CHOICE	K	6.85	DRY ROASTED NUTS	K	3.20	DICTIONARY		3.05
SUGAR	K	1.05	M&M PEANUTS	K	3.25	BOOKLIGHT BULBS		6.50
COLOMBIAN		2.45	HONEY ROAST NUTS	K	1.80	HEADBAND		1.95
INST. HOT CHOC.		1.35	CASHEW NUTS		1.20	WRISTBAND (2)		2.10
RAS LEMONADE		1.75	SUGAR FREE CANDY	K	.60	POCKET FOLDERS		.55
TANG		1.80	STARLIGHT MINTS		.60	BOOKLIGHT (1)		17.30
CREAMER	K	.90	FIREBALL CANDY		.60	PHOTO ALBUM(1)		2.50
COL. DECAF		3.00	JOLLY RANCHERS		.70	LEGAL ENVELOPES		.15
INTER COFFEE, SAMPL		3.15	BIT O HONEY		.60	LEGAL PAD(2)		1.05
SUGAR TWIN		1.65	CREMESAVER ORANGE		2.10	HANDBALLS(2)		3.65
FOOD ITEMS			CREMESAVER RASP		2.10	POKER CARDS(2)		2.45
			WERTHERS CANDY		2.10	PINOCHLE CARDS(2)		2.45
			SNICKERS (6PK)	K	3.00	1 GAL THERMAL JUG		10.80
SALTINE CRKRS	K	1.50				SHOEPOLISH-BLACK		2.05
CHEESE CRACKERS		1.80	CHEESE NACHOS		1.00	SHOEPOLISH-NTRL		1.95
SNACKERS	K	2.25	BBQ POTATO CHIPS		.95	SHOE LACES-WHITE		1.10
OATMEAL VAR PACK	K	2.75	POTATO CHIPS	K	.95	SHOE INSOLES		2.15
MATZO CRACKERS	K	3.70	TORTILLA CHIPS		1.40	AA BATTERIES(4)		2.35
CHIPARIFIC COOKIES	K	2.20	BBQ CORNCHIPS		1.65	AAA BATTERIES(4)		2.40
SHARP SQUEEZE CH.		2.80	PRETZELS		1.15	C BATTERIES (4)		2.35
JALAPENO SQUEEZ CH.		2.80	WHEAT BREAD	K	1.50	ANTIFUNGAL CREAM		1.60
STRAWBERRY JELLY		1.90	FLOUR TORTILLAS		.75	SANGEAN RADIO		48.90
PICANTE SAUCE		1.85				KOSS HEADPHONES(1)		34.60
GRAT. PARM CHEESE		3.60	PRANGLES PLAIN		1.75	STORAGE BIN		16.90
JALEPENO PEPPERS		2.15	ICE CREAM			EARPHONES HP/3(1)		5.40
LOUISIANA HOT SAU	K	.70	ICE CREAM PINTS	K	1.50	WATCH-TIMEX (1)		32.50
PEANUT BUTTER	K	2.20	FROZEN YOGURT	K	1.50	WATCH BATTERY		1.95
OLIVE OIL		2.80	PEANUTTY CONE	K	.70	ALARM CLOCK(1)		9.50
SOY SAUCE		2.55				ALARM CLOCK BAT(1)		11.05
RAISINS		1.75				SUNGLASSES (1)		4.70
MUSTARD	K	.95	FRUITS AND VEGETABLES			EATING UTENSILS		.25
SPAG. SAUCE		1.90	** GRAPEFRUIT	CMP		WHITE HANKIE(5)		.65
SPAGHETTI		.75	** ORANGES	CMP		HYDROCORT CREAM		1.50
			** LEMONS	CMP		WATCH BAND (1)		4.30
WHITE RICE		1.65	** TOMATOES	CMP		HAIR TIES		1.05
BROWN RICE		1.05	** BANANAS	CMP		ADDRESS BOOK (1)		.65
REFRIED BEANS		1.75	** GARLIC	CMP		BALL POINT PEN (2)		.20
VITAMIN C		2.10	** APPLES	CMP		CLOTHING		
VITAMIN E		4.95	** PEPPERS	CMP		WAVE CAP		2.40
			** ONIONS	CMP		FLIP-UP SUN GLASS (1)		6.00
MULTI VITAMINS		4.05	MEDICINE			SWEAT TOP (2)\$ 15.60	SIZE	
CALCIUM TABLETS		2.75	ASPIRIN		1.30	SWEAT PANTS (2) 15.60	SIZE	
			ARTIFICIAL TEARS(1)		2.15	SWEAT SHORT (2) 10.40	SIZE	
VANILLA WAFERS		1.75	HEMORRHOIDAL CR.		3.45	T-SHIRT (5) \$11.70	SIZE	
MAYONNAISE	K	2.35	METAMUCIL		5.05	TUBE SOCKS (3 PACK)		6.25
HONEY	K	2.90	VAPOR RUB		1.95	ATHLETIC SUPPORT		3.90
BEEF LOG		1.55	NASAL SPRAY		2.15	BOXER SHT M-L-XL (7)		
SAZON SPICE		2.55	COUGH SYRUP (LIMIT)		2.15	BOXER SHT 2X-3XL (7)		10.40
CHICKEN SOUP		.25	MILK OF MAGNESIA		2.05	BATH ROBE		42.90
VEGETABLE SOUP		.25	COUGH DROPS		.80	BASEBALL HATS		3.60
			ADVL		.50	THERMALS/TP/BTM		9.90
			ACNE 10 GEL		2.05	*** WINTER GLOVES		7.40
GARLIC SALSA		1.95	LACTAID		19.50	MOUTHGUARD		3.00
						WEIGHT GLV XL-XXL		15.60

NO OLD SLIPS

NO ADD ONS!

ALL PRICES SUBJECT
TO CHANGE!!!YOUR SHOPPING DAY IS
DETERMINED BY THE LAST

TWO DIGITS OF YOUR

FIRST FIVE BOP # DIGITS.

AFTERNOON HRS: 10:30AM-12:30PM

EVENING HRS: 4PM-6PM

SHOPPING DAYS/OPEN HRS

MON. 50-74

TUES. 75-99

WED. 00-24

THUR. 25-49

(20) PACK TOTAL LIMIT FOR - CIGARETTES

* ITEMS MARKED WITH A NUMBER BESIDE ARE THE LIMITS PERMITTED TO PURCHASE.

** INMATE PERSONAL PROPERTY LIMITATIONS ARE THE RESPONSIBILITY OF THE INMATE.

*** THIS ITEM MUST REMAIN AT FCI MCKEAN IF YOU TRANSFER.

Exhibit (H)
page (2.)